



***Improving Quality of Life: It Starts with
Competent Caring Conversations***

AGENDA

September 18, 2017

9:00 a.m.-3:00 p.m.

Dakota Medical Foundation

4141 28th Ave S

Fargo, ND

Phone (701) 271-0263

THE GOAL OF THIS PROGRAM is to provide examples of best practices in designing training for nurses, providers, and other clinical healthcare professionals to provide them with the knowledge, skills and practice to confidently approach challenging conversations about preferences for care with patients, families, and other professionals in any healthcare setting. Presenters will share strategies for increasing competency of current and future health professional to ensure these conversations about informed preferences are ongoing and the norm across the state of North Dakota.

LEARNING OBJECTIVES: Upon completion, the participant will be able to:

- Describe alternative approaches for developing the competency of healthcare professionals in advance care planning.
- Describe new ways healthcare professionals can involve patients in advance care planning.
- Identify ways to improve the advance care planning process across all health care settings to promote ongoing dialogue between patients and healthcare professionals.

[Register Here](#)

REGISTRATION: Please register each attendee from your organization individually using "Register Here." A **\$15** fee per attendee will be collected at the door to cover the cost of food. Only cash or a check will be accepted. (Make checks payable to: Sanford Health Fargo; *Striving for Success* 1100 10137 in the memo line.)

CONTINUING EDUCATION: Application has been made with the North Dakota Board of Nursing for nursing contact hours for this event.

AGENDA

9:00 A.M. Welcome – *Lois Ustanko, President, Honoring Choices North Dakota*

9:15 A.M. A Better Way: Responding to the IHI and ANA Calls to Action

Nancy Joyner, RN, MS, APRN-CNS, ACHPN®, Nancy Joyner Consulting, Grand Forks, ND

This session will review the efforts of the Institute for Healthcare Improvement and American Nurses Association to improve end-of-life care with meaningful advance care planning conversations.

9:45 A.M. Respecting Choices: An Evidence Based Approach for Preparing Facilitators

Lois Ustanko, RN, MHA, MSN, Director of Faith Community Nursing, Sanford Health Fargo, ND

The session will describe the core elements of a facilitated ACP conversation as laid out within the Respecting Choices curriculum.

10:15 A.M. BREAK

10:30 A.M. Conversations Matter: Preparing ALL Nurses, Socials Workers & IDT Members for Role Specific Conversations

Theresa Behrens BAN, RN, CHPN, Palliative Care Nurse Manager, Sanford Health Fargo, ND

The session will describe the use of a skills fair as a platform for continuing education to provide nurses, social workers and other allied health professionals with information about ways to improve the advance care planning process.

11:00 A.M. Conversation 101: Would You Be Surprised?

Jane Winston, MD, FAAFP, CMD, Sanford Medical Center, Fargo, ND

The session will simplify the process for identifying patients who should be encouraged to talk about preferences for care.

11:30 A.M. LUNCH

12:00 NOON ELNEC: A Blueprint for Nursing Students

Kris Hendrickx, DNP, ACNS-BC, Clinical Associate Professor, UND College of Nursing, and Karen Semmens, DNP, RN, GCNS-BC, Clinical Assistant Professor, UND College of Nursing, Grand Forks, ND

This session identifies strategies for incorporating crucial conversations and palliative care into professional nurse education using the ELNEC content as a foundation.

12:30 P.M. Simulation: Promoting a Patient-Centered Response to End-of-Life Situations

Darlene Hanson, PhD, Clinical Associate Professor & Director of Clinical Resource & Simulation Center, University of North Dakota, Grand Forks, ND

This session will present two different end-of-life simulations where the goal is to facilitate communication between patient, families and health care professionals.

1:00 P.M. Death & Dying: A Multidisciplinary Contemporary Perspective

Emily Fenster, PhD, Assistant Professor of Social Science, Valley City State University, Valley City, ND

This session will identify contemporary approaches for helping emerging multidisciplinary health and allied professionals understand that death and dying are a natural occurrence in the life cycle of every living being. Strategies for becoming comfortable with discussing the patients' fears about end of life will be discussed.

1:00 P.M. BREAK

1:45 P.M. Next Steps: "Developing Caring Conversations"

Lynette Dickson, MS, RD, LRD, Associate Director, Center for Rural Health, Director, Area Health Education Center, University of North Dakota, School of Medicine and Health Sciences

This facilitated discussion will address three questions:

- I will embrace "caring conversations" in my family by . . .
- I will champion "caring conversations" in my professional career and/or in our educational program by . . .
- I will support Honoring Choices North Dakota's vision of creating "a culture across ND where the health care choices a person makes becomes the health care the person receives" by . . .

2:45 P.M. Report Out and Wrap-up

Nancy Joyner, RN, MS, APRN-CNS, ACHPN®, Nancy Joyner Consulting, Grand Forks, ND

For more information contact:

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